

## NIHR BioResource at Barts Heart Centre, London

The Barts Hearts Centre at Barts Health NHS Trust is one of the largest heart hospitals in Europe. We serve patients from a wide range of ethnic backgrounds. Within the UK our population has some of the worst cardiovascular outcomes including high rates of premature deaths. We are determined to make a difference to our communities' and patients' lives with our Barts Health NHS Trust values "WeCare". We are "Welcoming, Engaging, Collaborative, Accountable, Respectful and Equitable".

Our cardiovascular research team wants to ensure that clinical research is at the heart of care we offer to our patients. In October 2018, our nursing team was runner-up to the prestigious Nursing Times Clinical Research Award for our innovative ideas of getting more participants involved in research. The NIHR BioResource is one such example and it is also well aligned with our local Barts BioResource ([www.bartsbioresource.org.uk](http://www.bartsbioresource.org.uk)) initiated and funded mostly through our NIHR Barts Biomedical Research Centre.

We engage with patients and our communities through our yearly QMUL Science festival and International Clinical Trials Day. By improving awareness and understanding of cardiovascular research, we actively promote the relationship between high-quality care and research outcomes. We also demonstrate that effective nursing leadership through the 70@70 NIHR Senior Nurses Leadership programme. Sharing best clinical research nursing practice can be a good way of getting patients more involved in research. Uniquely through our research, such as the Barts BioResource we actively promote our patients and public involvement, and engagement in ensuring more opportunities and access to clinical research are given to patients.



If you would like further information, please check out our website ([www.bartsbioresource.org.uk](http://www.bartsbioresource.org.uk)). Our telephone number is 02078826903, and our email address [bcvr@qmul.ac.uk](mailto:bcvr@qmul.ac.uk)