NIHR | BioResource

Mental Health BioResource

Led by King's College London and the NIHR Biomedical Research Centre (BRC) Maudsley

<50,000 participants*

32 study applications received

***as of August 2026**

GENETIC LINKS TO ANXIETY & DEPRESSION (GLAD)

- **72,000+** consented
- **54,417** questionnaires completed
- **37,699** saliva kits returned
- **Control group** recruitment since 2024
  - **576** questionnaires completed
  - **436** saliva kits returned

EATING DISORDERS GENETICS INITIATIVE (EDGI)

- Set up in collaboration with Beat charity
- **22,800+** consented
- **13,307** questionnaires completed
- **8,867** saliva kits returned

Data types available

- Genotype Array (DNA)
- Health and Lifestyle Questionnaire
- Participant Recall available

Research highlights

- **Identifying differential interactions of traumatic experiences with genetic risk for posttraumatic stress disorder** (published in European Journal of Psychotraumatology, 2026)
- **Mapping the genetic landscape of the age at onset and severity of eating disorder symptoms** (published in Nature, 2025)
- **It's the perfect storm': why are people with eating disorders at risk of suicide? A qualitative study** (published in BMC Medicine, 2025)
- **Beyond the Diagnostic Checklist: A Large-Scale Analysis of Under-Recognized Weight Loss Behaviors in Individuals With Eating Disorders** (published in International Journal of Eating Disorders, 2025) - read our news story

For more information, visit our website, or get in touch with us via email

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