

Mental Health BioResource

Led by King's College London and the NIHR Biomedical Research Centre [BRC] Maudsley



<50,000 participants



32 study applications received



- 72,000+ consented
- 54,417 questionnaires completed
- 37,699 saliva kits returned
- **Control group** recruitment since 2024
 - 576 questionnaires completed
 - 436 saliva kits returned



- Set up in collaboration with **Beat charity**
- 22,800+ consented
- 13,307 questionnaires completed
- 8,867 saliva kits returned



Data types available

- Genotype Array [DNA]
- Health and Lifestyle Questionnaire
- Participant Recall available



Research highlights

- **Identifying differential interactions of traumatic experiences with genetic risk for posttraumatic stress disorder** [published in [European Journal of Psychotraumatology](#), 2026]
- **Mapping the genetic landscape of the age at onset and severity of eating disorder symptoms** [published in [Nature](#), 2025]
- **It's the perfect storm': why are people with eating disorders at risk of suicide? A qualitative study** [published in [BMC Medicine](#), 2025]
- **Beyond the Diagnostic Checklist: A Large-Scale Analysis of Under-Recognized Weight Loss Behaviors in Individuals With Eating Disorders** [published in [International Journal of Eating Disorders](#), 2025] - [read our news story](#).

For more information, visit our website, or get in touch with us via email



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