D-CYPHR | The DNA, Children + Young People's Health Resource

Information pack for children aged 3-5 years



V1.1, 18 Nov 2026

Please read this information pack with your child whilst they look at the information. Please check your child's understanding at each stage.

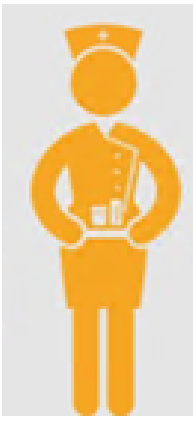
Who Are We?

Our team are called **D-CYPHR** – The **D**NA, **C**hildren + **Y**oung **P**eople's **H**ealth **R**esource.

We are a team of



Doctors



Nurses



And Scientists

We want to find out why some people get ill. This is called 'research'.

How we think and feel can make us ill, too.

We are asking lots of children if they would like to help us.



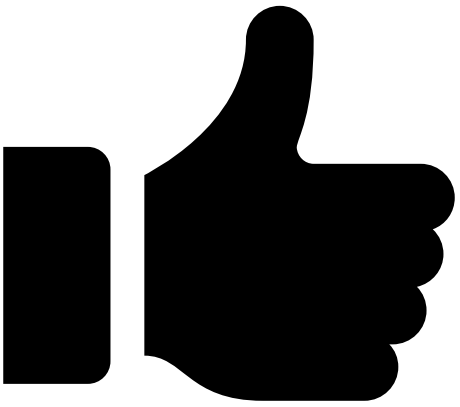


If you say yes, we will ask you to answer some questions about yourself.



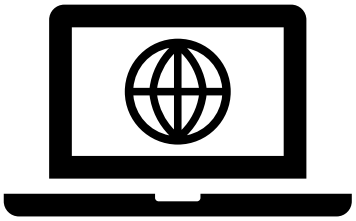
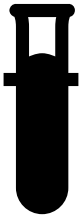
We will also ask you to give us some of your spit.

You will do this by spitting in a tube.



You can tell us at any time if you want us to stop using your spit or your answers to our questions.

How do I join?

	**Go to our website on your computer**
	**Fill in the forms (on the computer or on paper)**
	**We will send you a spit tube in the post**
	**Spit in the tube Post it back to us**

	**We will ask you some questions**
	**You've joined D-CYPHR**

Thank you!