How can I help as an ambassador?



Xand van Tulleken presenting to students in Cambridge



Student volunteers at St Michael's School, Rowley Regis

In so many ways! Our ambassadors join in with as much or as little as suits them.

The ambassadors are a voluntary public engagement group and was originally established with the support of the charity Anna Freud.

Help us at a school or community event. Join a monthly online meeting. Help us shape our communications. Provide feedback on future studies or our documents.

Or if you're a social media ace be part of our news online or make fun content to share.

It's up to you! We'd love to hear from you, and can provide activities to support your personal development.

dcyphr@bioresource.nihr.ac.uk

DCYPHR

The DNA, Children + Young People's Health Resource







Ambassadors

Be a champion for health equality, medicine or science.

Both young people and parents can help us shape our research programme.

NIHR | BioResource NHS

> You may be little, but you are mighty!
>
> **Rosie, Young Ambassador**

Join our ambassadors to help shape D-CYPHR

Our programme is made with and for children and young people.

Our ambassador participants are invited to join events, go behind the scenes, and help us shape our programme. They also get training and experience with our health research campaign.

They are the voice of D-CYPHR and help us raise awareness across the UK. They get participation letters to show their activity for their CV and personal development.

Email the D-CYPHR Team to ask about becoming an ambassador.

Scarlett

A simple and easy spit sample for you could be life changing for someone else. My cousin has a rare genetic condition called Sanfillippo. Sugars build up in her cells which mean they don't work as they should. There is no cure. But I can potentially one day make a change to her life and others with rare illnesses.



Michaela

I want to help people. There isn't a very good understanding around current mental health issues, rare illnesses and diabetes.

I have a passion for medicine and one day would like to become a doctor. For me to donate now may mean that one day I get to implement the results of the findings in my own work!



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